

Tired Of Living With Chronic Back Pain?



We specialize in
the diagnosis
and treatment
of difficult pain
problems.

Corrective Care H

If you are one of the millions of Americans who suffer from chronic back pain, you know how debilitating it can be. Burning, shooting nerve pains, and muscles in constant spasm make even the simplest movement an ordeal. At times, just finding a comfortable resting position is virtually impossible.

Traditional treatment starts with medication and bed rest, and ends with the prospect of surgery—a painful, expensive and often frightening experience. Treatments such as acupuncture, hot/cold therapy, massage, and other “therapeutic” techniques offer only limited relief.

Perhaps you have already undergone surgery, and still suffer periods of intense pain and frustration. The quality of your life is impaired—precious time and money wasted—and your back pain dilemma persists.

as A "Real" Solution For Chronic Back Pain

What Causes Low Back Pain?

The central nervous system includes the brain and spinal cord. It is protected by the vertebrae of the spinal column. Between each of these vertebra, or bones, is a disc. This is a gelatinous substance covered with a fibrous outer layer functions as a shock absorber to protect the bones and surrounding nerves.

Herniation (or bulging) of these discs is a common cause of severe low back pain. Nearly 90% of these herniation occur in the two lowest levels of the lumbar spine—where stress forces can equal 2,000 to 3,000 pounds of pressure per square inch!

Commonly, discs dry out and degenerate over time, or as a result of injury. Shattered or fragmented discs can exert pressure on the surrounding nerves, and often produce excruciating pain. When pain occurs, the surrounding muscles become more tense which causes spasms and even more pain.

The Solution: The DRS System

The DRS System™ is a mechanized, high-tech pain reduction and healing system that was developed by C. Norman Shealy, M.D., Ph.D., F.A.C.S. The system offers the world's most advanced technique for non-surgical treatment of the lumbar spine.



A renowned neurosurgeon and researcher, Dr. Shealy has dedicated his life to the elimination of pain through non-invasive, cost-effective treatment. A national leader in pain management, Dr. Shealy is the founder of the Shealy Institute in Springfield, Missouri. According to the National Pain Data Bank, this institute is the most efficient, cost-effective pain management facility in the world.

Dr. Shealy concluded clinical tests on the DRS System in 1996, and it was quickly recognized as a product that meets the standards of the American Academy of Pain Management.

How Does The DRS System Work?

First, the patient is custom-fitted with upper and lower harnesses that help to direct the action of the machine to the lumbar

disc. The patented air bladder built into the lower harness helps conform and position the lumbar spine for treatment comfort.

Once fitted, the patient is slowly reclined to a horizontal position, and the therapist makes the necessary adjustments based on the physician's orders.

Adjustments can be directed at any specific lumbar disc level. Through a series of treatments—each of which lasts up to 30 minutes—the patient's pain can be quickly relieved. The process is generally painless and safe, as well as comfortable and relaxing for the patient.

The DRS System distracting process can widen the disc space, thus allowing a decrease in intradiscal pressure. This results in shrinkage of the herniation and relief of nerve pressure. At the conclusion of the treatment series, the patient is given mobilization and strengthening exercises. In addition, the patient is counseled with prevention techniques to avoid further injury.



Through a series of treatments, the DRS System relieves pain by stretching open and relaxing the intervertebral discs and facet joints, allowing the diffusion of blood and nutrients into the disc space. This process promotes healing by decompressing the nerve roots, and is entirely comfortable and painless.



Facts About The DRS System

- A non-surgical treatment option which is completely safe and painless.
- Proven 78% effective in relieving lower back pain.
- Cost-effective treatment for many types of lower back pain that include:
 - *Herniated disc*
 - *Degenerative disc*
 - *Facet syndrome*
 - *Pre- and post-surgical patients*
- Recognized by the American Academy Of Pain Management.
- Covered by most insurance.

What Results Can I Expect From the DRS System?



FIG 1:
Pre-treatment MRI of a patient with a large ruptured vertebral disc at L5-S1.



FIG 2:
MRI of the same patient four weeks after treatment with the DRS SystemSM. Herniation is reduced by 50%, and the patient is pain-free.

After only three weeks of treatment, clinical studies have shown outstanding results in relieving the debilitating pain associated with bulging, herniated, degenerative or ruptured discs, as well as sciatica, posterior facet syndrome, and many failed back surgery cases.

Pre- and post-treatment MRIs have shown a 50% reduction in the size and extent of herniation after four weeks of treatments with the system. In fact, during the initial clinical study, a full 78% of patients reported relief of back pain with the DRS System.

For Additional Information

If you need additional information about the DRS System, or would like to schedule an appointment, just call Corrective Care at (219) 271-8646.



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